

CASE STUDY 2

Male, age 25 (born 12/1988)

Aggravated assault

Sentenced to 1 year 11 months in prison

Remaining sentence & probationary period

2 years 11 months 3 days, until 12.11.2013

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Criminal Sanctions Agency, Finland

- *Community service 60 hrs in 2006*
 - *Many minor crimes and one serious crime 2007 - >*
 - *Start of prison sentence 23.1.2009*
 - *Participates in Anger Management and Cognitive Skills*
 - *Decision on supervision 5.7.2010*
 - *Time of probationary freedom 9.9.2010*
 - *Time of release 10.12.2010*
 - *Remark 23.6.2010: crime profile = violent offences; if substance misuse continues there is risk of more violent offences. His violence can be impulsive and target oriented, problemsolving is not his strong side*
 - *Lives in Siltavalmennusyhdistys, which is a NGO in Tampere: this enables him to not take any alcohol/drugs*
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Main goals of the sentence plan

- Keeping up life with no intoxicants
 - Creating and hanging on to own boundaries
 - Learning to forgive oneself and finding good things about oneself
 - Participation in Anger Management
 - Learning to control anger
 - Commitment to working life
 - Commitment to being a parent
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- *First meeting with supervisor 18.1.2011 – had been sober for 2 years on this day*
 - *From then on regular and long conversations with supervisor*
 - *Relapse (alcohol, pills), is kicked out of NGO because of misuse and lying*
 - *Return to soberness, living at parents' house*
 - *Two brothers are members of organised crime and out of 7 siblings 6 are clients of CSA*
 - *March 2011 meets someone and starts dating*
 - *Gets NGO-apartment from Siltavalmennusyhdistys*
 - *Summer 2011 works in Sweden and gets no pay!*
 - *October 2011 happy news: girlfriend pregnant – with twins!*
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- *Has a job, but loses it*
 - *Client and girlfriend depressed, has had suicidal thoughts but this goes over and things are mainly ok*
 - *November 2011: aggressive thoughts about a car dealer, against policemen and prison guards*
 - *April 2012: nerves on edge, wishes someone would bump into him so he could fight*
 - *May 2012: twin boys are born and the father is happy*
 - *Support from a family worker twice a week*
 - *Family moves and change of supervisor is needed*
 - *July 2012: Video meeting with new supervisor*
 - *October 2012: Anger management course in Vantaa*
 - *March 2013: Everything seems to be ok*
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EVALUATION OF PROCESS

- ***A typical client with typical crimes***
 - ***Substance misuse mixed with an aggressive way of thinking and reacting***
 - ***Problems with police***
 - ***Had a high motivation to make a change but there were many buts:***
 - ***desire to use alcohol/drugs - relapse***
 - ***suicidal thoughts***
 - ***problems with housing, livelihood, work***
 - ***aggressive thoughts***
 - ***depressive thoughts***
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EVALUATION OF PROCESS

- ***Why has he succeeded so well?***
 - ***strong desire and motivation to make a change***
 - ***possibility to process things during prison sentence***
 - ***girlfriend and family***
 - ***a good relationship with supervisor***
 - ***possibility for long supervisory discussions: all in all 57 meetings so far and numerous telephone calls***
 - ***participation in AM- and CS-courses***
 - ***ability to seek help concerning f ex housing***
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Supervisor:

- ***at first very reluctant in prison but soon there was a big change in motivation***
 - ***maybe because of toughness of prison sentence***
 - ***certainly because he has discussed and dealt with matters already during his time in prison***
 - ***elder brother in and out of prison***
 - ***during supervision he was willing to do everything that the supervisor suggested – his motivation has been high all the time, although things were not easy at all times***
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