European treatment and transition management of high-risk offenders

Presentation of project results and introduction to **Forum 3**:

Transition Management and Release

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Project results on Transtion Management and Release

OBJECTIVE: TO SUPPORT THE PERSON TO RESETTLE SAFELY IN THE COMMUNITY AS A POSITIVE PARTICIPANT/CITIZEN ON THEIR TRANSITION FROM THE PRISON TO THE COMMUNITY

Findings from the JCN project define the following key principles:

- Balance between security and rehabilitation
- Preparation of release should be structured and through out sentence
- Multi agency co-operation and joint working
- Use of community based services/in-reach services
- Graduated release
- Early release with supervision should be a standard
- Information exchange and data sharing should be a consistent practice

Balance between security and rehabilitation

- The importance of both factors should be understood, admitted and taken into practice
- Security and rehabilitation priorities have to be acknowledged, because they need each other
- Security that is well functioning and consistent is a condition for fruitful rehabilitation and vice versa:
- Rehabilitation, appropriately implemented, boosts and fortifies security
- Dialogue between security and rehabilitation staff essential
- Training for staff and personnel working with high risk offenders should include pro-social modelling, motivational skills, change management, risk identification etc.

Preparation of release should be structured and through out sentence

- Sentence management should support resettlement preparation at least several years before release for every high-risk offender
- "Step-down" stages in sentence management
- The inmate should be an active participant
- In-reach services should be used at earliest possible stage
- Regular and consisten contact with supervisor (PO)
- Normalisation: life in custody should seek to resemble living in the community, especially close to release
- Concrete plans well in advance of release
- Stable, secure accommodation should be a priority

Multi agency co-operation and joint working

- There should be joint working between criminal justice agencies as well as with external and municipal service providers both in custody and in the community.
- Clear boundaries and responsibilities, each member will bring their special expertise (not do each others' work)
- This approach should be applied throughout the sentence, as community is where the offender will be – sooner or later
- Cost of this may be high but it can be effective in reducing harm and damage

Use of community based/in-reach services

- Focus on resettlement of offender in the community:
- Use of in-reach engagement and participation to bind the offender to their community and promote his/her resettlement
- "Normalisation" and taking of responsibility by the offender in their rehabilitation and actions
- As far as possible and practicable, the prisoner should have an active role in sentence and supervision planning. Doing WITH rather than TO.
- Sentence planning should include in-reach services and clarify roles and responsibilities of all active parties

Graduated release

- Important to have an opportunity to try out self management skills and other pro-social knowledge learned in custody, both in prison and community
- Open prisons, half-way houses, supported independent living
- Prison and other temporary leaves are essential
- Testing and trying out coping in civil life is essential: release, for example, 6 months in advance with supervision conditions and/or electronic monitoring
- The criteria for granting such releases should be as minimally restrictive as feasible later in the sentence: reduced restrictions and increased rights and responsibilities

Early release with supervision should be a standard

- All high risk prisoners should be subject to mandatory postcustody supervision with appropriate conditions and support for a minimum period on discharge from custody
- All sentences and periods of post release supervision should be time-limited
- Conditions or restrictions attached to post-release supervision should be constructive, purposeful and subject to review and revision

Information exchange should be a consistent practice

- Between Criminal Justice Agencies
- Between Criminal Justice Agencies and NGOs as well as municipal and community based service providers
- Graduated or restricted access to information where necessary
- Protocols for information sharing and confidentiality are essential for effective "joined-up" working in custody and community
- The offender should, as far as possible, be consulted/informed on relevant issues
- Informed consent by the offender for programmes and interventions
- Tri-partite meetings for clarity and transparency in communication: prison, probation/service providers and prisoner

Other rules and regulations

- There are a substantial number of relevant authorities, documents and recommendations:
 - CoE European Probation Rules 2010
 - CoE Prison Rules 2006
 - CoE Recommendation 2003 on management of life sentence and other long-term prisoners
 - CoE Recommendation 22 from 2003 on conditional release
 - CoE Recommendation 2013 concerning dangerous offenders
 - The European Convention of Human rights
 - Etc.

